

Appendix Table III-3: Obesity Rates (18 or older) for Vital Signs CMAs, 2005

	Total Population for self-rated health	Obese, body mass index 30.0 or higher	Obese, class I, body mass index 30.0 to 34.9	Obese, class II, body mass 35.0 to 39.9	Obese, class III, body mass 40.0 or higher
Canada	24,202,158	3,789,656	2,766,682	708,654	314,320
New Brunswick	572,907	126,388	85,825	27,014	13,549
Saint John (Region 2)*	134,875	33,405	22,185	7,309	3,911
Fredericton (Region 3)	127,110	30,053	22,265	4,994	2,794
Québec	5,845,905	839,926	642,815	133,703	63,408
Montreal	2,825,104	399,412	306,980	59,712	32,720
Montreal Health Region	1,497,648	196,901	148,209	28,680	20,012
Laval Health Region*	281,509	49,181	37,823	7,450	3,908
Monteregie Health Region	1,045,947	153,330	120,948	23,582	8,800
Ontario	9,429,119	1,436,070	1,046,036	278,534	111,499
Ottawa					
City of Ottawa Health Unit*	631,224	75,625	51,334	19,060	5,231
Sudbury					
Sudbury and District Health Unit*	145,986	29,030	22,759	4,900	1,371
Toronto	3,941,526	455,636	353,507	n.a.	n.a.
Halton Regional Health Unit	328,595	51,951	41,742	n.a.	n.a.
York Regional Health Unit*	680,111	95,283	73,433	21,083	767
City of Toronto Health Unit**	2,046,583	204,210	153,623	27,643	22,944
Peel Regional Health Unit*	886,237	104,192	84,709	16,148	3,335
Guelph					
Wellington-Dufferin-Guelph Health Unit*	191,572	31,254	20,798	9,909	547
Kitchener					
Waterloo Health Unit*	357,630	57,761	44,941	10,260	2,560
London					
Middlesex-London Health Unit*	329,669	61,183	48,154	6,961	6,068
Oakville					
Halton Regional Health Unit	328,595	51,951	41,742	n.a.	n.a.
Saskatchewan	695,960	150,610	106,876	30,633	13,101
Saskatoon Health Region*	209,690	38,815	31,014	5,729	2,072
Alberta	2,372,669	376,506	273,634	77,118	25,755
Calgary					
Calgary Health Region*	890,117	117,358	83,647	26,415	7,296
Lethbridge (Chinook Health Regional Authority)*	108,771	20,977	16,153	4,272	552
Medicine Hat (Palliser Health Region)*	72,239	13,870	10,167	2,561	1,142
Red Deer (David Thompson Health Region)*	206,194	42,628	33,413	5,547	3,668
British Columbia	3,232,748	432,603	312,452	81,133	39,018
Vancouver	1,714,879	204,670	151,867	n.a.	n.a.
Vancouver Health Service Delivery Area	483,091	39,173	29,774	n.a.	n.a.
Fraser East Health Service Delivery Area*	190,293	40,869	28,325	8,214	4,330
Fraser North Health Service Delivery Area	430,420	46,368	34,920	n.a.	n.a.
Fraser South Health Service Delivery Area*	471,244	63,849	48,539	10,861	4,449
Richmond Health Service Delivery Area	139,831	14,411	10,309	n.a.	n.a.
Victoria					
South Vancouver Island Health Service Delivery Area	273,394	31,461	23,807	n.a.	n.a.

* Class III obesity estimates are not official Statistics Canada estimates. The prevalence of type III obesity was estimated through the total number of obese persons less those in the type I and type II categories.

** Class II obesity estimates are not official Statistics Canada estimates. The prevalence of type II obesity was estimated through the total number of obese persons less those in the type I and type III categories.

Source: Statistics Canada, based on Community Health Survey 2005, CANSIM table 105-0309, series v31252645, v31267765, v31269925, v31271005, v31276405, v31282885, v31290445, v31293685, v31294765, v31303405, v31312045, v31316365, v31318525, v31326085, v31329325, v31330405, v31332565, v31333645, v31346605, v31353085, v31359565, v31360645, v31361725, v31362805, v31363885, v31370365, v31375765, v31376845, v31377925, v31379005, v31380085, v31382245, v31252677, v31267797, v31269957, v31271037, v31276437, v31282917, v31290477, v31293717, v31294797, v31303437, v31312077, v31316397, v31318557, v31326117, v31329357, v31330437, v31332597, v31333677, v31346637, v31353117, v31359597, v31360677, v31361757, v31362837, v31363917, v31370397, v31375797, v31376877, v31377957, v31379037, v31380117, v31382277, v31252693, v31267813, v31269973, v31271053, v31276453, v31282933, v31290493, v31293733, v31294813, v31303453, v31312093, v31316413, v31318573, v31326133, v31329373, v31330453, v31332613, v31333693, v31346653, v31353133, v31359613, v31360693, v31361773, v31362853, v31363933, v31370413, v31375813, v31376893, v31377973, v31379053, v31380133, v31382293, v31252701, v31267821, v31269981, v31271061, v31276461